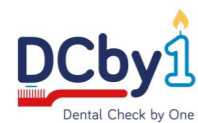


# BoNEE

## Bristol Network for Equality in Early years health and wellbeing

Our Health Integration Team is interested in keeping young children healthy. We work to prevent and reduce inequalities in health. In our work we want to get professionals, parents and researchers to learn from each other, so that we deliver the best outcomes for all young children in Bristol.

In 2018/19 our work will focus on our oral health stream, particularly work to support the Dental Check by 1 campaign #DCby1



We are using Bristol Health Partners support to pilot supervised toothbrushing in early years settings.

We will test our programme with 1,000 children in parts of Bristol with high rates of tooth decay.

Get in touch if you would like to hear more, or to tell us about your innovative practice

*"I have this dreaded fear of dentists.  
Even taking them in makes me feel quite unwell, if I'm honest."*

More than 7,000 children's teeth were taken out in Bristol Dental Hospital in 2013  
That's 80 teeth in every primary school in Bristol!

TURN OVER TO FIND OUT MORE

1,400 children under 16 went to Bristol Dental Hospital to have teeth taken out, usually because their teeth were rotten.  
Most children were between 4, and 8 years old, and most had 5 or more teeth taken out.  
Altogether they had 7,212 teeth removed. That's a lot of teeth!

Some people think baby teeth don't matter – but they do! They are real teeth, they hurt if they get rotten, and they have an important job keeping children's mouths healthy and ready for adult teeth.

**What can you do?**

- Brush your child's teeth with toothpaste that has fluoride in it.
- Start taking them to the dentist when they are still babies, so they are used to going and not scared of the dentist.
- Sweet things are less harmful to teeth when eaten as part of a meal, so try particularly hard to avoid sugary snacks and drinks between meals.
- Give them only water or milk to drink, and only water after brushing their teeth at night.

**What can dentists do?**

- Make very young children and their parents feel welcome.
- Use 'fluoride varnish' for every child, and maybe 'Fissure sealants' as soon as adult teeth come through at the back.

Got something to say or ask? We are happy to hear from you!  
Please email [info@bonee.org](mailto:info@bonee.org) visit [www.bonee.org](http://www.bonee.org) or speak to someone at the Children's Centre

Illustrations © PortMed Films CIC

You can read about our oral health work in Lucas, Patsios, Walls, Neville, Harwood, Williams, Sandy (2018). Neighbourhood incidence rate of paediatric dental extractions under general anaesthetic in South West England. Br Dent J 224, 169-176

Or email [info@bonee.org](mailto:info@bonee.org) including to get copies of our postcards for parents

BoNEE Directors are Dr Patricia Lucas, University of Bristol and Dr Jo Williams, Bristol City Council & University of Bristol

