

SHINE HIT

Supporting Healthy Inclusive Neighbourhood Environments

OUR VISION

SHINE aims to turn Bristol into a healthier city, with built environments that help people to be more healthy. We will achieve this by integrating health, well-being and social inclusion with urban development, transport and planning, to reduce health risks and promote healthier lifestyles. The team includes experts from Bristol's universities, the city council, NHS acute and mental health trusts and local communities.



BACKGROUND

SHINE uses innovative research, sound science and community voices to influence future planning and transport policy, and investment decisions. We aim to reduce health inequities and closely align city development with health, well-being, social inclusion and green city aspirations. We don't target specific conditions, but promote healthier neighbourhoods: to enable people to 'stay well' for as long as possible, and to recover from illness more quickly, supported by their communities and locality.

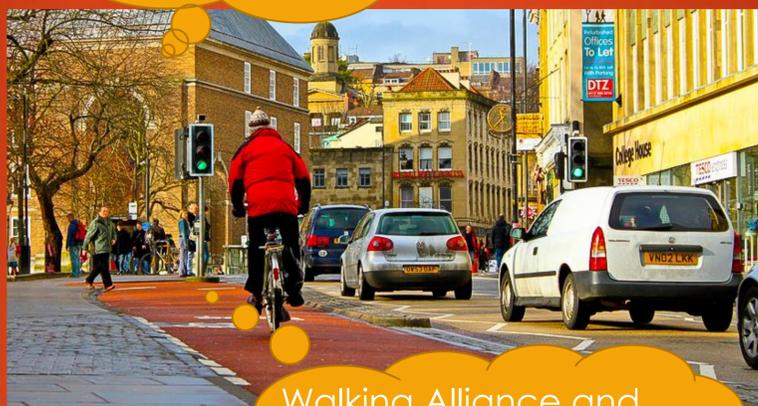


ACHIEVEMENTS

Collated HITs' response to West of England Joint Spatial Plan for Joint Local Transport Plan 4

NHR-funded report – 'Walking to Work' fullscale trial

Healthy City Week – evening of presentations with the Architecture Centre



Walking Alliance and Bristol Walk Fest: the UK's largest urban walking festival

Bristol Walking Strategy refreshed including design standards

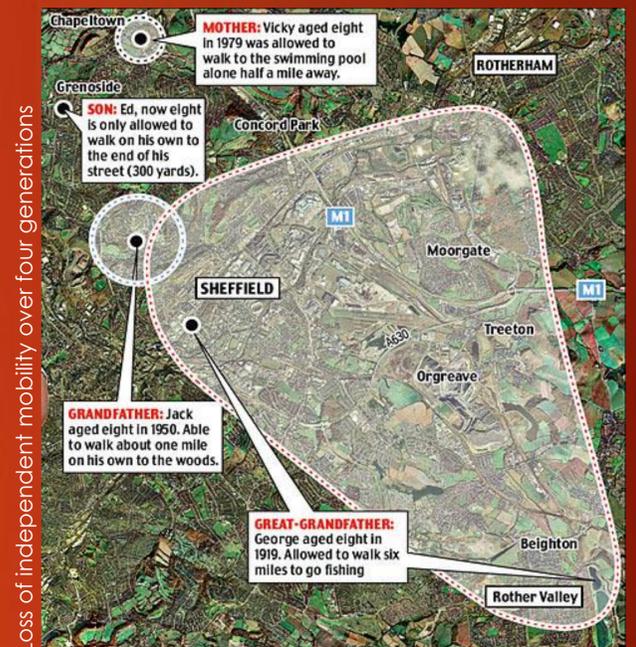
OPPORTUNITIES FOR COLLABORATION

Safe Systems Road Safety: the challenge is to achieve zero fatalities and zero life changing injuries on the road network. It recognises that the whole road system needs to be considered – not just individual crash sites. The process aims to 'reduce the kinetic energy in the transport system' since movement creates kinetic energy and when things go wrong that energy can kill.

Safe Systems elements: Safer– Roads – Vehicles - Road Users – and Speeds.

Bristol has made a bold start through the city-wide 20mph speed limit programme preventing 4 deaths, 11 life changing injuries and 159 slight injuries each year. (See UWE BRITE report)

Addressing the school journey is an important part of Safe Systems: encouraging and enabling children to travel actively to school is a major challenge given current levels of private motorised traffic in Bristol and the national decline in children and young people's independent mobility ('range behaviour') over decades.



Loss of independent mobility over four generations



SHINE will produce a series of bulletins on aspects of safe routes to schools during 2018 to help: raise the profile of children and the need for reduced traffic danger; the importance of active travel and its links with improved academic performance; and how to improve physical safety through traffic management on school routes.