

# DEMENTIA

## OUR VISION

To improve the lives of people with dementia and their carers

The number of people with dementia is estimated to be 4,500 in Bristol, 3,156 in South Glos, and at least 3,700 in North Somerset.

Through **five workstreams** we aim to:

- **Transform** the care of people living with dementia
- **Reduce** hospital admissions by strengthening home and community care
- **Do research** to benefit people with dementia and their communities
- **Build** dementia-friendly communities
- **Ensure** education and training for health and care providers
- **Involve** patients and other members of the public
- **Recruit** 10% of people living with dementia to take part in research

## HOW WE WORK

We **bring added value** to the work of our partners:

- **Connect** people and organisations
- **Share** information, resources and best practice, including through local media
- **Seed** new collaborations
- **Seek** to improve dementia diagnosis and care
- **Create** opportunities for patients, carers and other members of the public to engage and get involved with the HIT
- **Align** with local and national strategy initiatives

## ACHIEVEMENTS

- **Dementia Wellbeing Service and GP diagnosis service** in Bristol
- **Raising dementia diagnosis rates** from 50% in Bristol and 48% in South Glos in 2012 to an overall 69% across BNSSG by Nov 2017 (above 67% national target)
- **Research on attitudes to dementia** across the city of Bristol
- **Research on experiences of dementia** – including for people from BME communities
- **Dementia Providers Forum:** providers meet regularly with commissioners and researchers to share ideas, information and best practice
- **'Real Life with Dementia' training course for informal carers** – winner of the Best Dementia Training Initiative at the 8th National Dementia Care Awards 2017
- **Dementia Action Alliances** thriving in South Glos and Bristol: First Bus, Bristol Airport, leisure centres and many businesses welcome people with dementia
- **PPI volunteer panel and links with Service User Review Panels**
- **Regular public lectures and professional networking and showcase events**
- **Films:**
  - Experiences of dementia among BME community: <http://bit.ly/2xAhtt8>
  - How to get involved in research: <https://youtu.be/rZxxjSeFTt4>

## CURRENT ACTIVITIES and OPPORTUNITIES FOR COLLABORATION

- **Raising awareness about risk factors for vascular dementia**, including in black and minority ethnic communities through training of GP staff and interpreters
- **Mapping care pathways, dementia services and community activities** across BNSSG to improve equity of access
- **Measure changes in attitudes to dementia** since baseline survey
- **Raise awareness of opportunities and increase participation in research**
- **Increase access to physical activities** in welcoming places, including swimming
- **Reduce stigma and improve understanding** through promotion of education and training for all health and care staff
- **Evaluation and expansion of training for informal carers**



Just some of our partners:

