

## July 2021 – HITs Round up

Welcome to our latest HITs round up.  
Regular HITs round ups will be available [here](#).

Links to relevant sections below:

- [Chief Operating Officer update](#)
- [Cross HIT meetings](#)
- [Events & Training](#)
- [Can you help?](#)
- [Support & information](#)

### Chief Operating Officer update

- Our recent **equality, diversity and inclusion training** got great feedback – attendees really welcomed the practical tools given for engaging with communities. Resources from the training will be shared soon. Do get in touch and tell us what training you feel you need in this area. We will be providing more sessions throughout the year.
- As a reminder, your **mid-year progress reports are due by 8 September**. These short documents make a massive difference to our ability to: spot issues and support you with them and keep our partners and the wider health and care system engaged in our work. Please get in touch with [hello@bristolhealthpartners.org.uk](mailto:hello@bristolhealthpartners.org.uk) if you have any questions.
- Our **Annual Review** is now published online - [Read our 2020-21 annual review](#) Thanks for all your contributions to this great overview of the partnership's achievements.
- Finally, please email [louise.osborne@bristol.ac.uk](mailto:louise.osborne@bristol.ac.uk) with any themes would like **for our August Cross HITs meeting**.

### Cross HIT meetings

The details of forthcoming meetings are below.

If you would like diary invites for these meetings to be sent to you please email [louise.osborne@bristol.ac.uk](mailto:louise.osborne@bristol.ac.uk)

#### **Thurs 12 August 10.00-11.00 – Join Zoom**

<https://us02web.zoom.us/j/88137438421?pwd=elRWeThWdHFrciMrZVFPSiZzbFICdz09>

Meeting ID: 881 3743 8421 Passcode: 415105

Dial in using any of these numbers tel: 0131 460 1196 tel: 0203 051 2874 tel: 0203 481 5237 tel: 0203 4815240 tel: 0203 901 7895

#### **Thurs 9 September 10.00-11.00 – Theme of remote consultation - Join Zoom**

<https://us02web.zoom.us/j/87371774582?pwd=RGpaQVJ6OC82enFxL0VKUVNFOE43dz09>

Meeting ID: 873 7177 4582 Passcode: 379643

Dial in using any of these numbers tel: 0131 460 1196 tel: 0203 051 2874 tel: 0203 481 5237 tel: 0203 4815240 tel: 0203 901 7895

#### **Thurs 7 October 10.00-11.00 – Join Zoom**

<https://us02web.zoom.us/j/86365930479?pwd=VldhT29ZSXE1M2NYK0xiOUtkemQyUT09>

Meeting ID: 863 6593 0479 Passcode: 911551

Dial in using any of these numbers tel: 0131 460 1196 tel: 0203 051 2874 tel: 0203 481 5237 tel: 0203 4815240 tel: 0203 901 7895

## Events & Training

Training and resources for public involvement in research via

<https://www.learningforinvolvement.org.uk/>

### Can you help?

**STITCH-HIT has created some new GP resources** that are going live on Remedy for practitioners in Primary Care to help support those over the age of 18 years old who self-harm or experience suicidal thoughts.

Originally, we were planning to hold an in-person conference for training and to refresh knowledge on local services available who support this patient group but COVID-19 had other ideas...

We sought feedback from some GPs to find out what would be useful for them, particularly as we were limited by lockdown restrictions and numbers of people struggling with mental health have been rising... They suggested some short and snappy resources could be useful for them to refer to. We also asked some people who self-harm what they thought needed to be included. Using the previous training co-delivered with SISH as a bit of a guide, over the past few months, we have been busy putting together some short, up to date documents around key areas when supporting this patient group:

- The Functions of Self-Harm
- Risk Assessing in self-harm and suicide
- Suicide Risk Red Flags
- Safety Planning
- Top Tips for Medically Unexplained Symptoms
- Poems written by a person who self-harms explaining her experiences of accessing treatment and support

These will be going live on Remedy in July 2021 . We hope these will be of benefit and we will be monitoring use over the coming months. We are keen to receive any feedback that practitioners may have and we will be periodically amending them to ensure they remain up to date and relevant.

**“Invisible Army: Voices of carers (unpaid),”** is a project highlighting what it is like to be a carer in Bristol in 2021. This Arts Council funded project which will culminate in an exhibition at The Vestibules at City Hall on Carers’ Rights Day 25<sup>th</sup> November 2021.

We are looking for carers who would like to take part. Our goal is to shine a light on carers. We want to make the challenges and joy carers cope with every day visible. <https://www.invisiblearmy.org/>

If you know of anybody who would be interested, please get in touch either by email [invisiblearmy2020@gmail.com](mailto:invisiblearmy2020@gmail.com) or by phone 07800588394

**The NHS Race and Health Observatory** has issued a new [survey](#) for stakeholders and communities to engage over preferred terminology for describing ethnic identity.

Open for four weeks, the survey is based on ethnicity categories used in the 2021 Census, with participants given an option to self-identify where they don't relate to existing classifications. The aim of the survey is to seek stakeholder views on the collective terminology used to describe Black, Asian and other minority ethnic groups.

## **Support & information**

The NIHR has launched a [new Centre for Engagement and Dissemination](#) that brings together its activities in patient and public involvement, engagement and participation with its strengths in research dissemination.

Building on the work of the NIHR Dissemination Centre and NIHR INVOLVE, the new Centre will lead NIHR's work to make health and care research representative, relevant and ready for use.

The NIHR Centre for Engagement and Dissemination will further enhance the strong collaborative culture already established in engaging with patients, service users, carers and the public across the NIHR, providing coordination and thought leadership across the health and care system.

**Understanding integration: how to listen and learn from people and communities.** Over the past year, Picker and The King's Fund have been working with NHS England and NHS Improvement on how ICSs can listen to and learn from people and communities. We have produced a practical guide for partners working in these systems, with ideas on how they might go about this. [Read the full report](#)

### **UWE Science Communication Unit**

Following a recent Bristol Health Partners Executive Group meeting, we're pleased to share details of the UWE Science Communication Unit: <https://www.uwe.ac.uk/research/centres-and-groups/scu>

The Science Communication Unit has extensive expertise in outreach activities and working with the wider community. The unit is able to collaborate with internal and external partners in funding opportunities, teaching and knowledge exchange activities when there is a way to incorporate budget for their costs. If you are interested in finding out more, please use these [contact details](#)

**Bristol Digital Futures Institute** [first impact report](#), celebrating our achievements in our first year and beyond. The Institute's mission has never been more important: to create digital futures that are fair, sustainable and prosperous for all.

Please get in touch if you would like to know more about future opportunities, research or facilities, or if you have any feedback. You can follow us on Twitter: [@digifutures](#) and [sign up to our newsletter](#), where we share bi-monthly updates on projects, research, and funding calls, as well as progress on our unique facilities - opening in January 2022.

**The Research Action Coalition for Race Equality (RACE)** aims to connect research and data to community-led approaches, in ways that recognise, value and respond to communities' lived experiences and diverse forms of knowledge and expertise, through partnership, collaboration and co-production between academics, community groups and policy. Their recent launch is available on YouTube. It is two hours long but is a good reminder of the issues. Comes recommended by Adwoa Webber, BNSSG

[\(113\) The Research Action Coalition for Race Equality \(RACE\) Launch - YouTube](#)

## **Academic Health Science Centre (AHSC) Scheme Level Logic Model**

The National Institute for Health Research (NIHR) has produced a logic model for all Academic Health Science Centres in England. We are sharing this document with you as you may find it helpful in your context. It also provides an example of how to produce a logic model, which you may find useful for your HIT planning.