

September 2021 – HITs Round up

Welcome to our latest HITs round up.
Regular HITs round ups will be available [here](#).

Links to relevant sections below:

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Chief Operating Officer update

- We're pleased that eight Health Integration Teams have been funded to deliver community partnership projects – you can find out [more here](#).
- Cross HITs meetings - a reminder that these meetings have been cancelled for Thurs 7 October and Thurs 11 November 1000-1100. Please let your membership know in case they still have in their diaries.
- Thanks for your excellent mid-year reports and invoices. The reports are so valuable for making links to local partners and showing the impact of your work. Timely invoices also really help with making best use of the budget and supporting your work. Here is a HITs timeline dates reminder for rest of this year.

10 November funding and resourcing application forms issued
20 January deadline for resourcing applications
Mid-late Feb panel assessment of applications
17 March year end invoices due

Job advert

Bristol Health Partners Senior Project Manager Band 7 – fixed term or secondment considered
30 hours per week (Part time - 30 hours per week or, full-time 37.5 hours per week)
<http://jobs.uhbristol.nhs.uk/job/v3491499>

Events & Training

6 October onwards- The West of England AHSN is hosting a series of five accredited Quality Improvement (QI) workshops each Wednesday lunchtime. Free to attend - join the accredited series or individual 90-minute sessions. Gain knowledge and practical skills for applying QI to your role or project. Find out more and book [here](#).

19 October WEAHSN Academy free online workshop on using theory of change in evaluation. In collaboration with ARC West and guest speakers. Introductory theory, case studies for applying learning in healthcare, small group discussions. Register [via eventbrite](#).

1 November - An Introduction to Innovation in Healthcare course. Developed with The University of Bath and FutureLearn. Learners complete the course at their own pace. There will be a facilitated

run of the course starting 1st November 2021 with Educators available to respond to your questions. Find our more and register [here](#).

Also see attachments for list of other events, online resources and a rapid scoping review of community responses to the pandemic

15th October 4pm to 5.30pm on 17th October - Dance in Cancer Care Introductory Training
at [Penny Brohn UK](#), Bristol, BS20 0HH – see attached flyer

Bringing together people working across the dance and the health sectors to gain understanding and insights about how dance can.

- Innovate cancer care services
- Support the wide ranging physical, mental and social health challenges associated with cancer diagnosis and treatment
- Create vital communities of care that lead to individual and collective wellbeing

This training is led by the UK's first and only dance company for people affected by cancer. Established in 2016, [Move Dance Feel](#) is an award winning initiative created to address a gap in cancer care and rehabilitation. Over the past 5 years Move Dance Feel have developed a robust, evidence based methodology which will be shared throughout the training. To find out more and sign up visit: www.movedancefeel.com/training
We have a limited number of places available, so encourage you to sign up as soon as possible.

Monday 18th October 2021 1pm to 4pm - REACH Showcase and Future Focus Event

Open to anyone interested in hearing about REACH, or contributing to the future of urgent and emergency care research.

Step 1. Register for free www.eventbrite.co.uk/e/reach-showcase-event-tickets-170298203511 Step 2. [Join via Zoom](#) on the 18th October

Click the link and enter the passcode 0000: <https://uwe-ac-uk.zoom.us/j/91403101802>

Meeting ID: 914 0310 1802

Zoom passcode: 0000

12 and 16 November - Dance for Wellbeing Conference

Day 1. Friday 12 November live masterclasses and workshops for dance practitioners who wish to develop and apply their skills in the health and well-being sector and connect with others in Bristol to create a strong support, training and development network

Venue Trinity Centre. [Book tickets here](#)

Day 2. Tuesday 16 November online event for health and care commissioners and practitioners. Register [via Eventbrite](#) How do we work together as equal partners to co-create commissioning in a way that values creativity and imagination, in order to improve the health of individuals, and build on the strengths of our health and care system?

Keynote speakers:

- Adwoa Webber, Head of Clinical Effectiveness, Bristol, North Somerset & South Gloucestershire
- Jules Ford, Creative Commissioning for Health, Gloucestershire ICS
- Richard Kimberlee, Senior Research Fellow, NHS England Regional Facilitator, SW Social Prescribing Network Chair

- Charlie Coward, Deputy CEO, Active Dorset

Not the Same Poet But Always An Artist

1st - 31st October Arnolfini, Bristol

7th Sept - 18th December *Southmead Hospital, Gate 36, Level 1, Bristol:

Exhibition, Films and Workshops by Hazel Hammond
Supported by Liz Clarke and Company

Online [here](#)

* Please check [here](#) for Covid visitor restriction status at Southmead Hospital before visiting

Hazel Hammond has been a poet and an artist for over 40 years. In 2018 she had a stroke and now lives with Aphasia, a changing condition affecting over 350,000 people in the UK and impacting ability to speak, write and read.

Learning to use words again is tricky for a poet! 'Not the Same Poet, But Always an Artist' explores the effects of Aphasia on Hazel's work as she rediscovers her artistic practice through drawings, film making, and other artforms.

ARC West free training courses

25 November - [Introduction to qualitative evaluation](#)

19 October - [How to win at Twitter](#)

4 November - [Writing for a lay audience](#)

Plus online materials on:

[Top tips for designing and delivering questionnaires](#)

[Basic statistics and data interpretation](#)

Can you help?

Musculoskeletal Disorders Research Advisory Group Versus Arthritis: Research Priority-Setting Exercise

The Musculoskeletal Disorders Research Advisory Group Versus Arthritis are working to improve the quality and impact of research to help understand and manage musculoskeletal conditions.

Part 1 of their research prioritisation exercise was completed between November 2020 – January 2021 and they are now calling for participants to complete Part 2, which asks people to score these research areas in order of importance. If you are interested in participating please follow this link:

<https://www.smartsurvey.co.uk/s/0TYU8K/>

Monday 11th October at 6:30pm - Looking for people with several long-term illnesses (conditions),

as we are introducing a more person-focused way of looking after people with long-term conditions in GP practices and we want to hear your opinions. We can pay you £25/hour for your time

If you are free or want more information please contact: mike.bell@bristol.ac.uk

The Bristol Disability Equality Forum asks you to support their Community Climate Action project.

The project is bringing together Disabled people in Bristol to create a community climate action plan to create projects that are good for Disabled people and the planet. Many Disabled people are still isolating due to the pandemic, we are therefore trying to spread the word as widely as possible through as many networks as we can. Please see their video and survey

<https://bristoldef.org.uk/community-climate-action/> For physical copies of both the survey and please contact cca.bristoldef@gmail.com

Survey – Living with an Eating Disorder during the COVID pandemic. To find out more and complete the survey online [use this link](#) Also see attached flyer to share with your networks.

Support & information

New Quality of Life 2020/21 Dashboard

We have now published further information on [The quality of life in Bristol - bristol.gov.uk](#)

- a new, publicly available, “Power BI” Dashboard: [QoL 2020-21 Dashboard \(Wards and Demographic groups\)](#)
- the final [Quality of Life 2020/21 report](#), with a new Appendix added that summarises key points from the full QoL 2020/21 results, including additional analysis by equality groups.

The new QoL Dashboard clearly highlights those Wards and Demographic / Equality Groups which are significantly better or worse than the Bristol average (with simple traffic-light colours to illustrate) and allows users to easily focus on the key issues for each Ward or Group. Whilst this data was released via Open Data Bristol in March, it has only been listed by indicator before, but now can be easily interrogated in multiple ways.

Population of Bristol Report

The [Population of Bristol \(Aug 2021\)](#) report builds a picture of the population of Bristol now and in the future. The report brings together statistics on the current estimated population of Bristol, recent trends in population, future projections and looks at the key characteristics of the people living in Bristol. The population estimates presented reflect the population of Bristol at the end of June 2020 towards the end of the first wave of the Covid-19 pandemic.

Since 2016, the population of Bristol has grown at a slower rate – a trend in-line with the UK population which last year grew at its slowest rate for 20 years. Population growth has slowed due to falling numbers of births and lower levels of net migration, mainly due to an increase in international out-migration. Natural change – more births than deaths – remains the main driver of population change in Bristol.

Future population projections are uncertain. Current events – including the Covid-19 pandemic, leaving the EU, the new Hong Kong British National Overseas visa and the global climate emergency – and their potential impacts on our economy and society, are not reflected our current 2018-based population projections.

A selection of items from the King’s Fund weekly updates for end of August/beginning of Sept?

- Jargon Buster [Health and care defined](#)

[The health and care policy landscape is constantly evolving and the language that we use to describe it changes along with it. Our jargon buster aims to clarify some of the concepts and terms frequently used.](#)

- PHE have produced a report on a 'community champion' approach during Covid-19 that has found to be relevant to reducing health inequalities– see attached.
- [Health inequalities in a nutshell](#)
Health inequalities are avoidable, unfair and systematic differences in health between different groups of people. In this explainer, we examine the key data on this complex and wide-ranging issue.
- Kings Fund examines [ethnic differences in health outcomes](#), highlighting the variation across ethnic groups and health conditions, and considers what's needed to reduce health inequalities.
- [Fixing social care is not all about a cap on costs | The King's Fund \(kingsfund.org.uk\)](#)