



Walk Swim Dance Chat Watch Listen

Let's do it together!

Would you like to spend time volunteering with someone with dementia who shares your interests?

Active Together for Dementia is a new project currently recruiting volunteers who will accompany someone with early stage dementia in an activity you both enjoy. Volunteers will receive training, activity costs and ongoing support.

If you, or someone you know, would like more information, please contact **Clare Havard**, *Active Together* Coordinator:

- Phone:** 0117 989 7734 (Tuesday / Thursday)
- Email:** clare@volunteerbristol.org.uk



**VOLUNTEER
BRISTOL**
@ Voscur