# **LET COMMUNITIES LEAD**



# WORLD AIDS DAY 23

Show support to your community by donating: thebrigstoweproject.enthuse.com





## LET COMMUNITIES LEAD WORLD AIDS DAY 2023

The world can end AIDS with communities leading the way. Organisations of communities living with, at risk of, or affected by HIV are the front line of progress in the HIV response. Communities connect people with person-centred public health services, build trust, innovate, monitor the implementation of policies and services and hold providers accountable.

But communities are being held back in their leadership. Funding shortages, policy and regulatory hurdles, capacity constraints, and crackdowns on civil society and marginalised communities' human rights are obstructing the progress of HIV prevention and treatment services. If these obstacles are removed, community-led organisations can add even greater impetus to the global HIV response, advancing progress towards the end of AIDS.

World AIDS Day 2023 is more than a celebration of the achievements of communities; it is a call to action to support communities in their leadership roles and unleash the full potential of their leadership to enable the end of AIDS.

Community leadership roles need to be made core in all HIV plans and programmes and in their formulation, budgeting, implementation, monitoring and evaluation. "Nothing about us without us."

Community leadership roles need to be fully and reliably funded to enable the required scale-up, and they need to be properly supported and remunerated. "Not ending AIDS is more expensive than ending it."

Barriers to community leadership roles need to be removed. An enabling regulatory environment which facilitates the role of the community in the provision of HIV services, ensures civil society space and protects the human rights of all (including marginalised communities) is needed to advance the global HIV response. "Remove laws that harm; create laws that empower."

Communities are and always have been leading World AIDS Day.

Because change depends not on a moment but on a movement, Brigstowe will ensure the message "Let Communities Lead" will ring out on the day and continue to echo throughout December and beyond.

"The end of AIDS is possible; it is within our grasp", says UNAIDS Executive Director Winnie Byanyima. "To follow the path that ends AIDS, the world needs to let communities lead."

# Red Ribbon Campaign

#### Every year people wear a red ribbon to pledge their support to people living with HIV.

The red ribbon continues to be a powerful force in the efforts to increase public awareness of HIV and to reduce HIV-related stigma. It has inspired other charities to utilise the symbol, such as the pink breast cancer awareness ribbon.

#### Show your support today!

- 1. Donate to our 2023 Red Ribbon Campaign
- 2. Wear your red ribbon with pride and take a picture!
- 3. Change your social media's to include a World AIDS Day banner

To donate: thebrigstoweproject.enthuse.com



# Then come and join us at one of our bucket collections

#### Saturday 25th November Broadmead 11am – 1pm & 3pm – 3.30pm

We will be joined by Bristol Show Choir and Break Out Voices

Friday 1st December Bristol Temple Meads Train Station 7am – 11am & 3pm – 7pm



# Living with HIV?

## So are we. Come talk to us.

#### Brigstowe's One-to-One Peer Support offers ongoing support by trained, HIV positive volunteers. You can...

- Regularly meet with someone living well with HIV
- Get support around your diagnosis
- Speak to someone in confidence



#### HOW TO CONTACT US

Tel: 0117 955 5038 Email: info@brigstowe.org www.brigstowe.org

**f** Brigstowe

🕑 @BrigstoweInfo

Brigstowe, Easton Community Centre, Kilburn Street, Bristol, BS5 6AW



This is a confidential and independent service.

### 20th November - 2nd December 2023

We are excited to bring you our programme of events for 2023. These events aim to promote awareness and reduce stigma. We are proud to live in a city that supports people living with HIV.

#### Monday 20th November 6.30pm Hamilton House/Our Stories Told By Us Roadshow

Join two of the five authors of this groundbreaking book which focuses on the UK HIV epidemic, and within that reflects on the HIV experience of African communities through individual stories rather than HIV statistics. It is the first book to specifically do that, and has been made possible through the contributions of five Black African women living with HIV and residing in the UK. In this book, they share their experiences and the reflections of many more people like them, and together with their allies, they hope the world never forgets what they went through, what they did, and how they lived, fighting for their survival as HIV and the stigma related to it threatened their lives.

This event is free, please register at: https://bristolourstories.eventbrite.co.uk

#### Wednesday 22nd November 12pm City Hall/Raising of the Red Ribbon Flag

Join us outside City Hall on College Green where the Mayor, Marvin Rees, will be raising the red ribbon flag. This will be followed by light refreshments inside City Hall.

This is a free event, no booking is necessary.

### **World AIDS Day Programme of Events**

#### Thursday 23rd November 10am - 12pm Easton Community Centre/HIV Awareness Training

Brigstowe's HIV Awareness Training empowers professionals with the skills and knowledge they need to work confidently with people living with, affected by or at risk of HIV. The session will clarify the differences between HIV and AIDS, explain how HIV is transmitted and how it can be prevented, provide you with up-to-date information on treatment, explore stigma and prejudice, outline where you can get tested and inform you of the support available. The session also includes the shared experience of a person living with HIV to help you understand what living with HIV is like today.

Are you a professional supporting service users? Do you provide colleagues support (team leader/supervisor/HR)? Are you involved in a community group? Or would you just like to know more about HIV? If so, this is the event for you!

To book your free space, please visit: https://hivawarenesstraining23.eventbrite.co.uk

#### Thursday 30th November 7-8pm Your Home!/ShoutOut Radio: World AIDS Day Takeover 5.0

Join the regular ShoutOut team and Aled as they take over this wellloved show for an hour of HIV-themed conversation. Tune in live on BCfm 93.2fm or online at bcfmradio.com.

#### Friday 1st December 6.30-8pm St James' Priory/World AIDS Day Remembrance Vigil

It is important to provide a space for the community to remember and reflect on our loved ones who we have lost to HIV and AIDS. Join us for our candlelit vigil at St James' Priory. We will be joined by various speakers as well as The Sisters of Perpetual Indulgence. We invite attendees to bring their own personal thoughts, reflections or readings if they would like to share.

# World AIDS Day Programme of Events

#### Saturday 2nd December 6-9pm Watershed, Bristol/World AIDS Day Celebration

Join us for our much-loved and inspirational annual celebration, where Bristol Fast-Track Cities will update us on what they have been up to the past year. We will also hear four powerful personal testimonies and be treated to a performance from the wonderful Sing Out Bristol choir. Complimentary drink on arrival!

To register your free space, please visit: https://worldaidsday2023.eventbrite.co.uk

We would like to take this opportunity to thank Bristol Health Partners for their support with this event and The Bank Tavern for returning as our refreshments sponsor.



Bristol Health Partners



Saturday 2nd December 9pm - 2am The Phoenix Pub/Don't Tell Your Mother

The afterparty of all afterparties! Straight after the celebration event, come and dance the night away at the Phoenix with our incredible friends Don't Tell Your Mother.



For information on tickets please visit: https://www.facebook.com/ClubDTYM

All proceeds will be donated to Brigstowe



## TERRENCE HIGGINS TRUST BRISTOL WORLD AIDS DAY

This World AIDS Day, we remember those we've lost, join in solidarity with people living with HIV today and transform the future for everyone by ending HIV transmissions. This year, we're highlighting the importance of HIV testing. Testing is key to ending HIV transmission.

The sooner people know their status, the quicker they can get treatment. Effective treatment helps people to live long, healthy lives with HIV and means they can't pass the virus on. To order a free STI postal testing kit, please visit www.unitysexualhealth.co.uk.

Terrence Higgins Trust (THT) Bristol is proud to be joining Brigstowe at the annual raising of the red ribbon flag outside City Hall on Wednesday 22nd November and at their amazing World AIDS Day Celebration on Saturday 2nd December at the Watershed.

#### Thursday 30th November – University Outreach

#### Thursday 30th November – 12pm – 2pm Outside BDP, Brunswick Square

Collect Red Ribbons and pick up free condoms and sexual health advice.

#### Friday 1st December – 6.30am – 9.30am then 3pm – 6pm Bristol Parkway Train Station

Join us as we raise vital funds for THT Bristol and hand out red ribbons.

#### Sunday 3rd December – Ribbon Walk – meet 10.30 – walk around harbour and end up at the Kings Head

Please sign up to the walk at <u>www.tht.org.uk/events/</u> <u>bristol-ribbon-walk</u>. If you want to walk as a team then any member of the team can set up a JustGiving page at <u>www.</u> <u>justgiving.com/terrencehiggins</u> and all the team members can all use that one JustGiving page to fundraise. All donations to their JustGiving page will come directly to THT Bristol. **THANK YOU !!** 

Monday 4th Dec – stall and testing at East Trees Health Centre



Empowering students to become the generation that ends HIV stigma this World AIDS Day

Chiva is a national charity (with its head office in Bristol) working directly with children, young people and young adults living with HIV and their families.

Chiva's mission is to ensure that children, young people and young adults growing up with HIV become healthier, happier and more in control of their own futures.

#### **Opportunity for Schools**

A new education toolkit, developed by the Chiva Youth Committee (children and young people living with HIV), has been launched this year at a Parliamentary event and Chiva is offering to facilitate sessions in secondary schools using the toolkit.

The toolkit is designed to educate young people in key stages 3 and 4 with the facts about HIV in an engaging way and inspire them to become the generation that ends HIV stigma.

The toolkit is used alongside a screening of Chiva's award-winning short film, Life Growing Up. The film provides insights into the lived experiences of young people growing up with HIV in the UK

Sessions could be timed to coincide with World AIDS Day, or could be scheduled for other times during the year, for example when schools are covering Relationships and Sex Education.

#### See the toolkit at www.chiva.org.uk/education

If you are a teacher and would like to book a facilitator to run a free session in your school, please contact Abi Carter on abi.carter@chiva.org.uk/07807705062.

/chivaprojects

www.chiva.org.uk

# local HIV services

Brigstowe has been delivering HIV specialist services in Bristol and the surrounding areas for over 25 years. As the landscape of HIV has changed, so have our services but still retaining a core aim: to improve the lives of people living with HIV.



#### We support, advise and empower

Our support and advice services include a nationally recognised Peer Support Service and specialist service for migrants and asylum seekers who are living with or affected by HIV. All our services are tailored to individual need. Our aim is to improve the lives of people living with HIV.

#### We deliver specialist training

We deliver HIV Awareness Training to community groups, organisations and institutions.

#### We campaign and raise awareness

We campaign for the rights and entitlements of people living with HIV on a local and national level. We raise awareness of the facts of HIV, challenging stigma and encouraging testing.

If you are living with HIV and would like to access help and support...

If you are an organisation or community group wanting to learn more about HIV...

If you are an individual keen to lend their voice to campaign for HIV issues...

Please get in touch. Our team would be happy to hear from you.

info@brigstowe.org | 0117 955 5038 | www.brigstowe.org



African and Caribbean Community Sexual Health Testing Walk in service

Last Thursday of every month @ Charlotte Keel Medical Practice, BS5 0UA

First Thursday of every month @ Montpellier Health Centre, BS6 5PT

It's FREE, it's confidential with FREE condoms to take home

To find out where else you can also test visit: www.commonambitionbristol.org.uk/ help-advice/hiv-testing-bristol/



Common Ambition Bristol in partnership with UNITY: Improving sexual health with African and Caribbean Heritage communities in Bristol.





# Become a Friend of Brigstowe

Everyone needs friends and we at Brigstowe are no different.

Support people living with HIV in Bristol by making a regular monthly donation to Brigstowe.

 $\pounds$ 10 per month means that a destitute client can travel to attend events and workshops and meet other people living with HIV.

 $\pounds$ 25 per month for a year means that someone newly diagnosed can meet with a Peer Mentor every week for 6 months.

Set up your regular donation today and become a **Friend of Brigstowe**. Thank you.

Visit our website: **www.brigstowe.org** or give us a call **0117 955 5038** 

## **Undefectable=Untransmittable**

People living with HIV on effective treatment cannot pass on HIV.

Help us to spread this message by donating a regular gift and becoming a Friend of Brigstowe.

Please visit: www.brigstowe.org/donate



AND DESCRIPTION.

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